

Dear	,
APPOINTMENT DATE AND TIME:	
As a courtesy, we will notify you of your ap	ppointment time prior to your visit.

Welcome to our office, and thank you for colocting our practice for your voin and le

Welcome to our office, and thank you for selecting our practice for your vein and laser needs. This letter is to introduce you to our office and some of our practice policies.

We are located at 191 Leader Heights Road, York, PA 17402, which is on the corner of Security Drive and Leader Heights Road. If you require further directions to locate our office, please call (717) 741-2214, and a staff member will be happy to assist you.

Enclosed are patient information forms. Please complete the forms and bring them with you to your appointment. You will need to arrive 15 minutes earlier than your scheduled appointment so that we can review the forms. If you are unable to complete the enclosed forms, please bring them to your office visit, and a member of our staff will be happy to help you complete them. In this circumstance, you will need to arrive 30 minutes prior to your scheduled appointment time.

Our staff works hard to stay on schedule by performing a thorough evaluation specific to each patient's needs. We apologize if this causes any delay in the appointment schedule. If you have questions prior to your scheduled visit, please call us, and we will be happy to assist you. Our office hours for phone calls and scheduling are Monday through Friday from 8:00 a.m. to 5:00 p.m. If you require medical assistance when the office is closed, you can reach Dr. Heird by calling (717) 741-2214 option 3.

Finally, we require 24-hour notice to cancel or reschedule an appointment. Please call us as soon as possible if you will be unable to keep your upcoming appointment or would like to reschedule for another day. This will allow us to contact another patient who may wish to use your appointment time slot.

Thank you, and we look forward to meeting you soon!

Dr. Heird and Staff at Advanced Vein & Laser Center

# PLEASE ARRIVE 15 MINUTES PRIOR TO YOUR NEW PATIENT APPOINTMENT TIME

SS #:	Gender:	Date of Birth:	1 1
	-	-	



The Experienced Approach to Vein Health Middle Name: Last Name: First Name: Previous/Maiden Name: Street Address: City: State: Zip Code: Preferred Contact Phone number: Alternate Contact Phone Number: Employer: Occupation: Family Doctor: Your email Address: Referred by: □ Physician □ Advertisement Name: \_\_\_ Location: \_\_\_\_ □ Insurance Plan □ Website □ Family/Friend □ Other: Race: 

Caucasian □ Black/African American □ Native American □ Unspecified □ Asian ☐ Hispanic/Latino **INSURANCE INFORMATION Primary** Insurance: Subscriber's Name: Subscriber's DOB: Relationship to Subscriber: Subscriber's Employer: Co-payment: \$ Insurance ID #: Insurance Group #: Secondary Insurance: Subscriber Name: Subscriber's DOB: Relationship to Subscriber: Subscriber's Employer: Co-payment: \$ Insurance ID #: Insurance Group #: **EMERGENCY CONTACT** Relationship to patient: Name: Home Phone #: Cell Phone #: Work Phone #:

I authorize that the above information is correct and true to the best of my knowledge. I am also responsible for letting AVLC know of any changes in my personal information. I hereby authorize AVLC to release any information required to (but not limited to) my insurance company.



Patient/Guardian Signature: Date:			
VENOUS HISTORY			
How long have you had your symp	toms?		
Where are the veins you are seeking.  Do you have now or have you even			□ Chest □ Face □ Other:  * Varicosities of the genital area: Do you prefer same sex staff when being examined/treated by physician? □ Yes □ Doesn't matter
Do you have now or have you ev	er nau any or th	ie ioliowilig	YVIIGIT:
Phlebitis	Yes	No	<del></del>
Deep Vein Thrombosis (DVT)	Yes	No	
Pulmonary Embolus (PE) Bleeding from veins	Yes Yes	No No	
Sclerotherapy	Yes	No	<del></del>
Venous ultrasound	Yes	No	<del></del>
Vein surgery	Yes	No	
Hemorrhoids	Yes	No	
IV drug use	Yes	No	
Clotting Disorder	Yes	No	
Cellulitis	Yes	No	<del></del>
PAST SURGICAL HISTORY			
Please list ALL operations you hav	e had:		
	<del></del>		<del></del>
PATIENT HEALTH ASSESSMENT	QUESTIONNAI	RE	
Please list any physical limitations:			
Please list any hearing, vision or re	eading issues:	· · · · · · · · · · · · · · · · · · ·	
Do you have an Advanced Directiv	e? 🗆 Yes 🗆 🗅 N	No	
HEALTH SCREENINGS:		When?	?



Pneumonia vaccine	Yes		No						
Covid vaccine	Yes		No						
Flu vaccine	Yes		No						
Colonoscopy	Yes		No		· · · · · · · · · · · · · · · · · · ·				
Mammogram	Yes		No						
MEDICATIONS & SUF	PLEME	NTS							
Your local Pharmacy: _				Loca	ation:				
Please bring a list of al medications, including not take any of the abo	the dos	e and	strength, to	o your a <sub>l</sub>					
ALLERGIES: Are you allergic to late. Allergies:	x?		Yes	□ No	)				
PAST MEDICAL HIST	ORY								
Have you ever had any	y of the f	followi	ng? When?					When?	
Heart Disease	Yes	No		Hepati	itis	Yes		· · · · · · · · · · · · · · · · · · ·	
High Blood Pressure	Yes				na / Psoriasis	Yes			
Chest Pain	Yes	No			eal Disease / STD		No		
Glaucoma	Yes	No		Arthriti		Yes			
Thyroid Disease	Yes	No		Depre		Yes			
Lung Disease	Yes	No			tes (Type)	Yes			
Asthma	Yes	No				Yes	_		
Epilepsy	Yes				Disease/Anemia	Yes	No -		
Cancer (Location)	Yes				adder Disease	Yes	No -		
Ulcers (Location)	Yes				Disorder	Yes			
Colitis	Yes				c Reflux	Yes			
HIV/AIDS	Yes				y of Falls	Yes	No		
Bruising Easily	Yes	No		Other:		100	110		
FAMILY/SOCIAL HIST	ORY								
Do you have a family h		f·	Relatio	onship	Your personal H	ahits:		Do you	1?
Heart Disease	Yes	No	· tolatit	p	Exercise regular			Yes	No
High Blood Pressure	Yes	No			How often?	• 9		100	110
Diabetes	Yes	No			Smoke/Use toba	acco		Yes	No
Stroke	Yes	No			How much?			. 30	



Cancer	Yes	No	 Use tobacco in the past?	Yes	No
Thyroid Disease	Yes	No	Drink alcohol?	Yes	No
Clotting Disorder	Yes	No	How much?		
Varicose Veins	Yes	No	Females ONLY		
DVT/PE	Yes	No	 How many pregnancies have yo	u had? ˌ	

### **REVIEW OF SYSTEMS**

## Do you CURRENTLY have any of the following?

CONSTITUTION			WHEN?	<u>GU</u>			WHEN?
Appetite loss	Yes	No		Blood in urine	Yes	No	
Fatigue	Yes	No		Kidney disease	Yes	No	
Fevers	Yes	No		Renal failure	Yes	No	
<u>EYES</u>		INO		Excessive urination	Yes	No	
Blurred vision	Yes	N.1 -		Decreased urination	Yes	No	
Diminished vision	Yes	No		Painful urination	Yes	No	
Double vision	Yes	No		MUSCLE/SKELETAL			•
Double vision	168	No		MOSCLE/SKELETAL			
Vision loss	Yes	NI.		Bone/Joint deformity	Yes	No	
		No		Limitations of	Yes	No	<u> </u>
ENT	\/	NI.		movement	\/	NI-	
Hearing loss	Yes	No	<del></del>	Muscle aches	Yes	No	
Ringing in ears	Yes	No	· · · · · · · · · · · · · · · · · · ·	Back pain	Yes	No	
Sinus problems	Yes	No	• • • • • • • • • • • • • • • • • • • •	SKIN Drange	Vaa	Nia	
Hoarseness	Yes	No	• • • • • • • • • • • • • • • • • • • •	Dryness	Yes	No	
Sore throat	Yes	No	<del></del>	Itchy skin	Yes	No	
CARDIAC Atrial fibrillation	Yes	No		Changes in moles	Yes	No	
Chest pain	Yes	No		<u>NEURO</u>			
Chest discomfort	Yes	No		Confusion	Yes	No	
Dizziness	Yes	No		Depression	Yes	No	
Leg pain when	Yes	No		Fainting	Yes	No	
walking					.00		
Palpitations	Yes	No		Headache	Yes	No	
Swelling of ankles	Yes	No		Migraine	Yes	No	
Hypertension	Yes	No		J			
RESPIRATORY				Memory lapses	Yes	No	
Breathing	Yes	No		Numbness	Yes	No	
difficulty		-					
COPD	Yes	No		Seizures	Yes	No	



Coughing blood	Yes	No	 Stroke	Yes	No	
Wheezing	Yes	No	 Weakness	Yes	No	
<u>GASTRO</u>			<b>ENDOCRINE</b>			
Abdominal pain	Yes	No	 Diabetes w/ Insulin	Yes	No	
Gallbladder	Yes	No	 Diabetes w/o Insulin	Yes	No	
problems			Thyroid Disease	Yes	No	
Gastric reflux	Yes	No				
Hemorrhoids	Yes	No	HEMA/LYMPH			
Liver disease	Yes	No	Anemia	Yes	No	
Change of stool	Yes	No	Bleeding/clotting	Yes	No	
color			disorder			
			Bruising easily	Yes	No	

### **VEINS QUALITY OF LIFE**

1. During the past 4 weeks, how often have you had any of the following leg problems?								
	Every day			Less than once a week	Never			
Heavy legs	1	2	3	4	5			
Achy legs	1	2	3	4	5			
Swelling	1	2	3	4	5			
Night cramps	1	2	3	4	5			
Heat or burning sensation	1	2	3	4	5			
Restless leg	1	2	3	4	5			
Throbbing	1	2	3	4	5			
Itching	1	2	3	4	5			
Tingling sensation	1	2	3	4	5			

### 2. At what time of day is your leg problem most intense?(choose only one)

1. On waking 2. At mid-day 3. At the end of the day

4. During the night 5. At any time of day. 6. Never

### 3. Compared to a year ago, how would you rate your leg problem now? (choose only one)

1. Much better 2. Somewhat better 3. About the same

4. Somewhat worse 5. Much worse 6. I didn't have leg problems

4. Does your leg problem now limit you in these activities? If so, how much?							
I do not work Yes, limited a lot Yes, limited a little No, not at all							
Daily work activities	0	1	2	3			
Daily home activities(housework)		1	2	3			



Social or leisure activities in which you are standing for long periods of time(parties, weddings)	1	2	3
Social or leisure activities in which you are sitting for long periods of time(movies, traveling	1	2	3

# 5. During the past 4 weeks, to what extent has your leg problem interfered with your normal social activities? (choose only one)

1. Not at all 2. Slightly 3. Moderately

4. Quite a bit 5. Extremely

6. How much leg pain have you had during the past 4 weeks? (choose only one)

1. None 2. Very mild 3. Mild

4. Moderate 5. Severe 6. Very severe

7. During the past 4 weeks, have you had any of the following problems with your work or daily activities as a result of your leg problem?							
	Yes	No					
Cut down on the amount of time you spent on work or other activities.	1	2					
Accomplished less than you would like.	1	2					
Were limited in the kind of work or other activities.	1	2					
Had difficulty performing work or other activities.	1	2					

8. These questions are about how you feel and how things have been going with you during the last 4 weeks.  Please give one answer that comes closest to the way you were feeling during the last 4 weeks.							
Flease give one answ	All of the time	Most of the time		Some of the time	A little of the time	None of the time	
Have you felt concerned about the appearance of your legs?	1	2	3	4	5	6	
Have your felt irritable?	1	2	3	4	5	6	
Have you felt like a burden to your friends or family?	1	2	3	4	5	6	



Have you been worried about bumping into things?	1	2	3	4	5	6
Has the appearance of your leg(s) influenced your choice of clothing?	1	2	3	4	5	6

# ADVANCED DIRECTIVE DECLARATION (To be completed ONLY if you are 60 years of age of older)

Ι,		being of sound mind,	willfully a	and voluntarily	make this	declaration	to be
	Name						

followed if I become incompetent. This declaration reflects my firm settles commitment to refuse life-sustaining treatment under the circumstances indicated below.

I direct my attending physician to withhold or withdraw life sustaining treatment that serves only to prolong the process of dying if I should be in a terminal condition or in a state of permanent unconsciousness.

I direct that treatment be limited to measures to keep me comfortable and to relieve pain, including any pain that might occur by withholding or withdrawing life-sustaining treatment.

In addition, if I am in the condition described above, I feel especially strongly about the following forms of treatment.

I DO	I DO NOT	
		Want cardiac resuscitation.
		Want mechanical respiration.
		Want feeding tube.
		Want other artificial or invasive form of nutrition (food).
		Want other artificial or invasive form of hydration (water).
		Want blood or blood products.
		Want any form of surgery.
		Want any invasive diagnostic tests.
		Want kidney dialysis.
		Want antibiotics.
		Want other:



I realize that if I do not specifically indicate my preference regarding any of the forms of treatment listed above, I may receive that form of treatment.

Want to donate my organs upon death.  Want to designate a surrogate to make medical treatment decisions for me if I should be incompetent in a terminal condition or in a state of permanent unconsciousness. Surrogate (name and address):				
Signature:	Date:			
The above-named individual or a person on behalf of and at the direction signed this writing by signature or mark in my presence.	of the individual knowingly and voluntarily			
Witness's Signature:	Date:			
Advanced Vein and Laser Center appreciates the confider provide for your health care needs. The service you have elected responsibility on your part. The responsibility obligates you to ens courtesy, we will verify your coverage and bill your insurance carrie ultimately responsible for payment of your bill.  You are responsible for payment of any deductible and coby your contract with your insurance carrier. We expect these pay insurance companies have additional stipulations that may affect yany amounts not covered by your insurer. If your insurance carrier or your physician elects to continue past your approved period, youll.  If a payment is not received within 30 days from the first penot established, your account will be turned over to the Credit Bure responsible for the fees incurred from your account being turned obalance of your account.  I have read the above policy regarding my financial responsements. I certify that the information is, to the best of my knowledginsurer to pay any benefits directly to Advanced Vein and Laser Ceincurred is ultimately my responsibility.	nce you have shown in choosing us to to participate in implies a financial sure payment in full of our fees. As a ser on your behalf. However, you are -payment/co-insurance as determined ments at time of service. Many your coverage. You are responsible for r denies any part of your claim, or if you u will be responsible for your balance in atient statement or a payment plan is eau of York. You will also be over to collections in addition to the ensibility to Advanced Vein and Laser ge, true and accurate. I authorize my			

Patient Signature \_\_\_\_

Other instructions:

I DO NOT

I DO

Date\_\_\_\_



Date

(If guarantor is not the pat	ient)			
Co-Pay Policy				
Some health insurance carriers require the patient to pay a co-pay for services rendered. It is expected and appreciated at the time the service is rendered for the patients to pay at EACH VISIT. Thank you for your cooperation in this matter.				
Patient/Guarantor Signature	Date			
Self-Pay Policy				
I do not have health insurance and will be responsible for s Laser Center. I agree to pay Advanced Vein and Laser Ce given to me at each visit.				
Patient/Guarantor Signature	Date			
Cancellation Policy				
Cancelled, No Call/No Show Appointments less than 24-ho	our notice will incur a \$50 FEE			
Patient/Guarantor Signature				
0	Date			

### **High Deductible Healthcare Plan Policy**

Guarantor Signature

Advanced Vein and Laser Center has adopted a new payment policy. We feel these policies are fair across the board for all of our patients. We would like to keep providing the exceptional care for other patients as we did for you. If you have a large deductible, you may be asked to pay a portion upfront if you are having procedures done in our office, but we are willing to work with you in any way we can if this is a financial hardship.

If at any time during your care at our practice, your balance owed becomes greater than \$1000, you will be asked to apply for CareCredit. This is a revolving line of credit that is interest free for up to 18 months with lower monthly payments than what we can offer you. If you are denied for CareCredit, you must provide us with documentation and we will set up payment arrangements for you but your balance will not be held for more than 18 months and can possibly incur finance charges.

If any payment during our repayment period is more than 30 days past due, we reserve the right to send your account to collections. This agreement was signed within your new patient packet.



We are making these changes to keep providing care to our current patients and our new patients. We are asking that you apply for CareCredit and contact our office after you have done so. The web address is: <a href="https://www.carecredit.com">www.carecredit.com</a>

I have read and understand the above policy regarding the high deductible healthcare plan policy.

Patient/Guarantor Signature	 Date

### **INFORMED CONSENTS**

### **Photos**

Subject to the conditions herein, I, the undersigned, hereby give my permission for use of photographs taken during the course of my treatment provided reasonable measures are taken to protect my identity and provided these photographs are used solely for ethical purposes which may include:

- 1. The use and publication of the photographs in whole or in part, individually or in conjunction with other photographs, in any medium for any purpose including medical records, professional journals, medical textbook, art, illustration, promotion, advertising or trade.
- 2. It is understood that the use of the photographs is for illustrating cosmetic procedures and demonstration of benefits. It is also understood that the use of the photographs will in no way reveal my identity.
- 3. The aforementioned photographs may be modified at the discretion of the facility, its clients, or agents to be more desirable. This will include, but will not be limited to, masking of the photographs to prevent identification or to cover private parts of the body.

Patient/Guarantor Signature	Date
I, the undersigned hereby give my po	ermission for photographs to be taken during the course of my
treatment and be a part of my clinical	Il medical record only to demonstrate the benefits of treatment and
evaluate before and after pictures. I	My photographs will only be a part of my medical record and not used
for any other purposes.	
Patient/Guarantor Signature	Date



### **Telemedicine Services**

Telemedicine involves the use of electronic communications to enable health care providers at different locations to share individual patient medical information for the purpose of improving patient care. Providers may include primary care practitioners, specialists. And/or subspecialists. The information may be used for diagnosis, therapy, follow-up and education, and may include any of the following:

- Patient medical records
- Medical images
- Live two-way audio and visual
- Output data from medical devices and sound and video files
- Telephone consultation

Electric systems used will incorporate network and software security protocols to protect the confidentiality and imaging data and will include measures to safeguard the data and to ensure its integrity against intentional or unintentional corruption.

### **Expected Benefits:**

Your **telemedicine** visit gives you and your provider the ability to evaluate your legs and surgical puncture sites, review your ultrasound report and post procedural care, and allows you to ask questions all at a safe distance in the convenience of your home (must have visual capability and **wear shorts**).

Your **telephone consult** allows you to speak with a medical provider over the phone to address your concerns or for medical guidance.

### Risks:

As with any medical procedure, there are potential risks associated with use of telemedicine. These risks include, but not limited to:

- In rare cases, information transmitted may not be sufficient (e.g. poor resolution of images) to allow for appropriate medical decision making by the provider
- Delays in medical evaluation and treatment could occur due to deficiencies or failures of the equipment
- In very rare instances, security protocols could fail, causing a breach of privacy of personal medical information.



- I understand that telemedicine is the use of electronic information and communication technologies by a healthcare provider used to deliver services to an individual when he/she is located at a different location or site than I am.
- I understand that the **telemedicine** visit will be done through a two-way video link-up.
- I understand that I may request a **telephone consultation** with a provider and will be a **telephone-to-telephone** communication.
- I understand that the laws that protect privacy and the confidentiality of medical information including (HIPPA) also apply to telemedicine or telephone consult.
- I understand that my insurance will be billed and that I will be responsible for any copayments or coinsurances that apply to my telemedicine or telephone consult visit.
- I understand that I have the right to withhold or withdraw my consent to the use of telemedicine in the course of my care at any time, without effecting my right to future care or treatment.
- I understand that by signing this form that I have read the risks and benefits of telemedicine and/or telephone consultation and that I am consenting to receive health care services via telemedicine or telephone consult.

Datia at/O	D-4-
Patient/Guarantor Signature	Date
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# We do not double-book patients — a practice which is common in most physicians' offices. Your booked appointment is dedicated to your time.

Your visit is reserved in advance so we can focus on your comprehensive care. Insurance companies expect physicians to double-book an average of 6 patients per hour, which would not allow us to provide our patients with the care we are known for. Since we do not overbook and schedule one patient at a time, your missed appointment represents a loss for our medical staff and to the center, therefore we require a 24-hour notice of cancellation for all appointments.



As a reminder, please provide 24-hour notice if you wish to make a change to your appointment time in order to avoid a \$50 fee.